

BEVERLY PRESS

RESTAURANT NEWS

By Jill Weinlein

Wellness Days at Avalon Hotel

Celebrity fitness trainer Kit Rich will teach a free poolside pilates fusion class for hotel guests at Avalon Hotel Beverly Hills every first Saturday of the month through September. Non-hotel guests may bring a yoga mat and attend the morning workout for \$25 per class. Classes are offered on Saturdays, June 3, July 1, Aug. 5 and Sept. 9 at 9 a.m. After the one-hour class, Viviane Restaurant will serve dishes from a "Kit approved" three-course wellness menu for \$23 per person. Menu items include acai cups, beet root cured salmon and cashew date mousse with pistachio crumble and fig syrup. Bottomless mimosas or bellinis are included, and fresh juice is available for an additional fee. 9400 W. Olympic Blvd., (310)277-5221.