



Poolside Pilates at Avalon Hotel

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August 5, 2017 | 9 a.m. - 10 a.m.

AVALON BEVERLY HILLS
9400 West Olympic Boulevard
Beverly Hills, CA 90212
Tel: (310) 277-5221

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Avalon Hotel Beverly Hills is excited to host a poolside Pilates fusion class at Viviane Restaurant from 9:00am - 10:00am with celebrity trainer Kit Rich. (LIMITED SPACE AVAILABLE - 20 tickets available for purchase)

Immediately following the class, stay for a "Kit-approved" health & wellness brunch (optional) curated by Viviane's Executive Chef, Jack Hotchkin. Kit Rich will be enjoying this Brunch with all class attendees and this is a great time to get to socialize with her and ask her questions about your health and fitness plans. The cost of brunch is \$23 (\$50 normally) and includes a specially crafted, three-course wellness menu plus bottomless Mimosas to complement the morning class. Stick around and enjoy complimentary access to the pool plus 15% off drinks.

Participants are encouraged to bring their own yoga mats, as a limited supply will be available for hotel guests only.

[Purchase tickets here.](#)

EVERY CLASS ATTENDEE GETS:

1 hour Pilates/Yoga fusion class with celeb trainer Kit Rich

All-day access to Pool

Optional 3 Course Curated Brunch for an additional \$23.00 (Valued at \$50) with bottomless Mimosas

15% off drinks poolside (must mention name Kit Rich)

Free valet parking

About KIT RICH:

A Los Angeles-based celebrity fitness professional, Kit Rich has worked and toured with a long list of celebrities, including Jennifer Lawrence and Kesha. Recently named as one of the Top Five Trainers in Los Angeles by Shape Magazine, Kit has also been featured on E!, Access Hollywood, Today Show, EXTRA, POPSUGAR, KTLA and Fox, Shape, Women's Health and SELF.

<http://lovebeverlyhills.com/events/view/poolside-pilates-at-avalon-hotel-11952>