



AT THE AVALON HOTEL

MORNING FUEL

FARMERS MARKET FRUIT 12
Pineapple, Watermelon, Mango, Cucumber, Jicama, Chili Salt & Lime **V. GF**

GREEK YOGURT 12
Mixed Berry Jam, Almond-Pine Nut Granola, Wild Flower Honey

AÇAÍ BOWL 12
Seasonal Fruit, Granola, Wildflower Honey **V.** 15

AVOCADO TOAST 18
Levain, Smashed Avocado, Pickled Onion, Tomato, Fried Egg **v.o.**

SHORT STACK 12
Buttermilk Pancakes, European Butter, Maple Syrup 12

LOX & TOAST 18
Egg, Capers, Onion, Dill Cream Cheese

BREAKFAST SANDWICH 12
Egg, Sausage Patty, American Cheese, Tater Tots

BREAKFAST BURRITO 19
Eggs, Bacon, Aged Cheddar, Avocado, Hashbrowns, Guajillo Salsa

AVALON BREAKFAST 18
Two Eggs (Your Way), Neuske's Bacon, Potatoes, Kale, Avocado, Sourdough

COLD PRESSED JUICE 12

GINGERSNAP
Beet, Kale, Carrot, Apple, Wheat Grass, Lemon, Ginger

THE CLOVER
Kale, Cucumber, Celery, Spinach, Pear, Cilantro, Mint, Lime

THE QUENCH
Watermelon, Jicama, Strawberry, Mint, Lime, Watermelon Rind

SUNRISE
Orange, Carrot, Coconut Water, Lemon, Ginger, Turmeric

SIDES

PANCAKES 6

BACON 7

2 EGGS 6

CHICKEN SAUSAGE 7

AVOCADO 4

FRESH START

TURMERIC LATTE 7

MATCHA LATTE 7

YOUNG COCONUT + STRAW 10

BEVERAGES

COLD BREW X LA COLOMBE 7

FRENCH PRESS 8

CAPPUCCINO/LATTE 7

ESPRESSO 5

JUICE - Orange, Grapefruit 6

HOT TEA X LA COLOMBE 5
Breakfast, Citrus, Chamomile,
Earl Grey, Peppermint Cardamom

V. **VEGAN**
V.O. **VEGAN OPTIONAL**
G.F. **GLUTEN FREE**

"Avalon adds a 3% Wellness Surcharge to assist in providing Health Care Benefits for our Colleagues."

A 20% Service Charge will be added to parties of 6 or more.