

MORNING FUEL

FARMERS MARKET FRUIT Pineapple, Watermelon, Mango, Cucumber, Jicama, Chili Salt & Lime V. GF 12

GREEK GODDESS BOWL Mixed Berry Jam, Hemp Seed Granola, Wild Flower Honey 12

AVOCADO TOAST Levain, Avocado, Pickled Onion, Heirloom Tomato, Harissa, Sprouts, Fried Egg v.o. 18

FRENCH TOAST Seasonal Berries, Whipped Cream, Maple Syrup 14

BREAKFAST SANDWICH Everything Bagel, Bacon, Fried Egg, American Cheese, Special Sauce 12

BREAKFAST BURRITO Farm Fresh Eggs, Bacon, Aged Cheddar, Avocado, Hashbrowns, Guajillo Salsa 19

AVALON BREAKFAST Two Eggs (Your Way), Neuske's Bacon, Potatoes, Rustic Sourdough 20

COLD PRESSED JUICE 12

GINGERSNAP Fuji Apple, Green Apple, Ginger, Lemon

THE CLOVER Kale, Cucumber, Celery, Spinach, Pear, Cilantro, Mint, Lime

THE QUENCH Watermelon, Jicama, Strawberry, Mint, Lime, Watermelon Rind

SUNRISE Orange, Carrot, Coconut Water, Lemon, Ginger, Turmeric

SIDES

PANCAKES 6

BACON 7

2 EGGS 6

CHICKEN SAUSAGE 7

AVOCADO 4

FRESH START

TURMERIC LATTE 7

MATCHA LATTE 7

YOUNG COCONUT + STRAW 10

BEVERAGES

COLD BREW X LA COLOMBE 7

FRENCH PRESS 8

CAPPUCCINO/LATTE 7

ESPRESSO 5

JUICE - Orange, Grapefruit 6

HOT TEA X LA COLOMBE 5
Breakfast, Citrus, Chamomile,
Earl Grey, Peppermint Cardamom