



AT THE AVALON HOTEL

7am-11am Daily

MORNING FUEL

- FARMERS MARKET FRUIT Pineapple, Watermelon, Mango, Cucumber, Jicama, Chili Salt & Lime **V. GF** 12
- AÇAÍ BOWL Hempseed Granola, Banana, Toasted Coconut, Blueberries, Mango, Chia Seed Yogurt, Honey 16
- GREEK GODDESS BOWL Mixed Berry Jam, Hemp Seed Granola, Wild Flower Honey 12
- AVOCADO TOAST Levain, Avocado, Pickled Onion, Heirloom Tomato, Harissa, Sprouts, Fried Egg **V.O.** 18
- LOX WORKS Egg, Capers, Onion, Dill Spread, Townie Everything Bagel 20
- SHORT STACK Buttermilk Pancakes, Seasonal Berries, European Butter, Maple Syrup 14
- FRENCH TOAST Seasonal Berries, Caramelized Banana, Whipped Cream, Maple Syrup 14
- BREAKFAST SANDWICH Everything Bagel, Bacon, Fried Egg, American Cheese, Special Sauce 12
- BREAKFAST BURRITO Farm Fresh Eggs, Bacon, Aged Cheddar, Avocado, Hashbrowns, Guajillo Salsa 19
- CHICKEN & WAFFLES Maple Syrup, Butter 21
- AVALON BREAKFAST Two Eggs (Your Way), Neuske’s Bacon, Potatoes, Rustic Sourdough 20

COLD PRESSED JUICE 12

- GINGERSNAP Fuji Apple, Green Apple, Ginger, Lemon
- THE CLOVER Kale, Cucumber, Celery, Spinach, Pear, Cilantro, Mint, Lime
- THE QUENCH Watermelon, Jicama, Strawberry, Mint, Lime, Watermelon Rind
- SUNRISE Orange, Carrot, Coconut Water, Lemon, Ginger, Turmeric

SIDES

- TOAST 4
- BACON 7
- 2 EGGS 6
- CHICKEN SAUSAGE 7
- AVOCADO 4

FRESH START

- TURMERIC LATTE 7
- MATCHA LATTE 7
- YOUNG COCONUT + STRAW 10

BEVERAGES

- COLD BREW X LA COLOMBE 7
- FRENCH PRESS 8
- CAPPUCCINO/LATTE 7
- ESPRESSO 5
- JUICE - Orange, Grapefruit 6
- HOT TEA X LA COLOMBE 5
- Breakfast, Citrus, Chamomile, Earl Grey, Peppermint Cardamom

A 20% Service Charge will be added to parties of 6 or more.

“Avalon adds a 3% Wellness Surcharge to assist in providing Health Care Benefits for our Colleagues.”

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.