



AT THE AVALON HOTEL

7AM-11AM DAILY

MORNING FUEL

FARMERS MARKET FRUIT 12

Pineapple, Watermelon, Mango, Cucumber, Jicama, Chili Salt & Lime

AÇAÍ BOWL 16

Hempseed Granola, Banana, Toasted Coconut, Blueberries, Mango, Chia Seed Yogurt, Honey

BAKED OMELET 18

Spinach, Mushrooms, Green Onion, Tomato, Mustard Frill Herb & Garlic Whipped Cheese

AVOCADO TOAST 18

Sourdough Bread, Harissa, Avocado Spread, Heirloom Tomato, Mustard Frill, Sprouts, Fried Egg

LOX WORKS 20

Soft Boiled Egg, Capers, Onion, Dill Spread, Townie Everything Bagel

SHAKSHUKA 12

Farmers Market Tomato & Chickpea Stew, Two Baked Eggs, Mint, Cilantro, Grilled Naan

FRENCH TOAST 14

Poppy Seed, Lemon Zest, Whipped Coconut Cream, Maple Syrup

ENTRANA ASADO 27

6oz Skirt Steak, Two Eggs (Your Way), Cucumber & Tomato Salad

AVALON BREAKFAST 24

Two Eggs (Your Way), Bacon, Quinoa & Herb Hash Browns, Kale, Avocado

COLD PRESSED JUICE 12

GINGERSNAP Fuji Apple, Green Apple, Ginger, Lemon

THE CLOVER Kale, Cucumber, Celery, Spinach, Pear, Cilantro, Mint, Lime

THE QUENCH Watermelon, Jicama, Strawberry, Mint, Lime, Watermelon Rind

SUNRISE Orange, Carrot, Coconut Water, Lemon, Ginger, Turmeric

SIDES

TOAST 4 | G.F TOAST 6

BACON 7

CHICKEN SAUSAGE 7

2 EGGS 6

AVOCADO 4

SHORT STACK 6

FRESH START

TURMERIC LATTE 7

DATE SHAKE

YOUNG COCONUT 10

BEVERAGES

COLD BREW X LA COLOMBE 7

FRENCH PRESS 8

CAPPUCCINO/LATTE 7

ESPRESSO 5

JUICE - Orange, Grapefruit 6

HOT TEA X LA COLOMBE 5

Breakfast, Chamomile Citrus, Earl Grey, Jasmine Green Tea

A 20% Service Charge will be added to parties of 6 or more.

“Avalon adds a 3% Wellness Surcharge to assist in providing Health Care Benefits for our Colleagues.”

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food-borne illness, especially if you have certain medical conditions.